

Ashton Community Trust has been the cornerstone of comprehensive wrap-around support in North Belfast. Our evidence based and community led services span diverse projects, from training and employment to arts and culture, well-being, youth engagement, and social inclusion.

-Ashton Centre

## SOCIAL IMPACT

These bespoke, person-centred programmes are finely tailored to address the unique needs of each participant, ensuring tangible outcomes such as:

- Improved physical well-being
- Improved emotional well-being
- Improved mental well-being
- Increased social inclusion
- Increased Independent living

## **AT A GLANCE**

**EST:** 2023

**Location:** McSweeney Centre 25 Henry Place, Belfast BT15 2AY

**Service:** Social Economy Day Opportunity tailored for young adults aged 19-35 with learning disabilities and /or autism.

## **CHALLENGES**

Happy Days encountered challenges like limited funding and breaking through as an established organisation that is here for the long run. Happy Days have used their first year as a pilot and are continually learning.

## **LOOKING AHEAD**

"We have been lucky that we have been able to build this around our participants rather than trying to fit them into a pre made box. We have so many ideas and there is a lot of potential for Happy Days. We have amazing families who are extremely supportive which has been great for building sincere partnerships."

**Susie Vint** Centre Manager



